

Managing Misbehaviour Workshop

Group Triple P Family Day Carers



Overview of Session

Managing misbehaviour



- Review key aspects of positive parenting or contented caring?
- Managing misbehaviour strategies
- Start routine (compliance)
- Stop routine (behaviour correction)
- Applying strategies to children in your care



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What is Positive Parenting or Contented Caring?



- Approach to parenting/ caring that aims to promote children's development & manage their behaviour in a constructive & non-hurtful way
- Based on good communication & positive attention to help children develop
- Children feel good about themselves & are less likely to develop behaviour problems



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Key aspects of Positive Parenting



- Ensuring a safe & engaging environment
- Creating a positive learning environment
- Using assertive discipline
- Having realistic expectations
- Taking care of yourself as a parent or carer



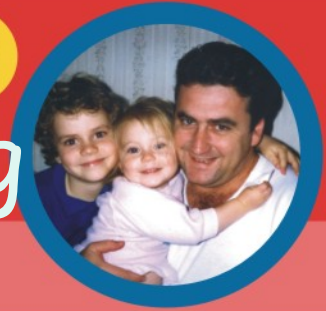
Managing Misbehaviour



- Helps children learn to accept limits & control their disappointment
- They learn self control when parents use consequences *immediately, consistently & decisively*



Strategies for Contented Caring



- Ground rules
- Clear, calm instructions
- Planned ignoring
- Logical consequences
- Quiet time

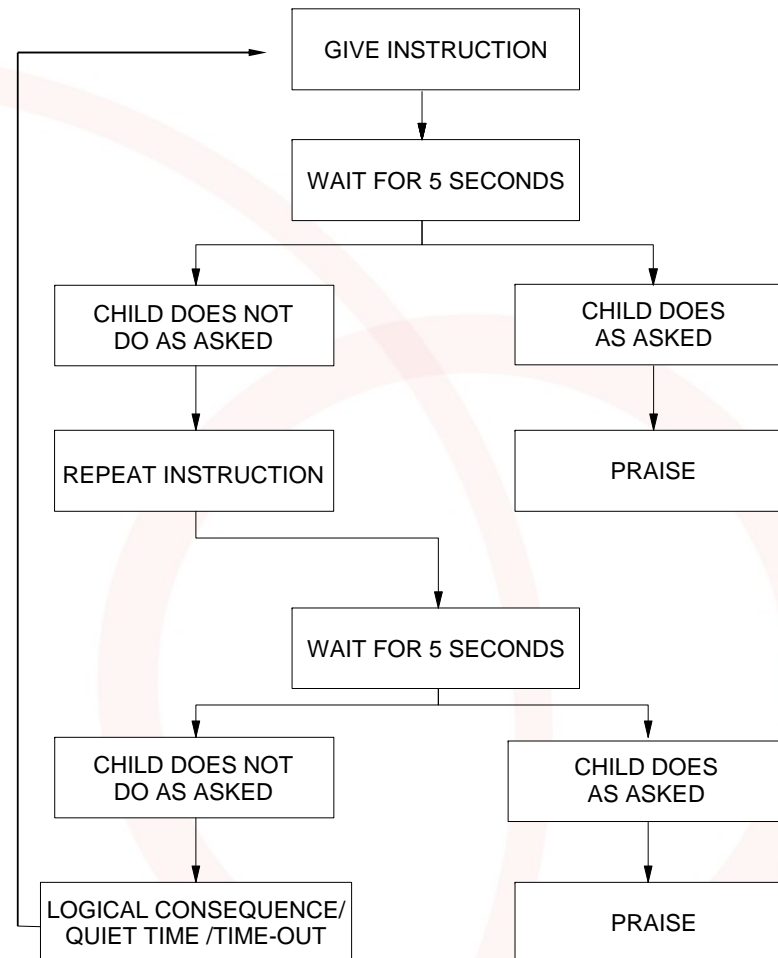


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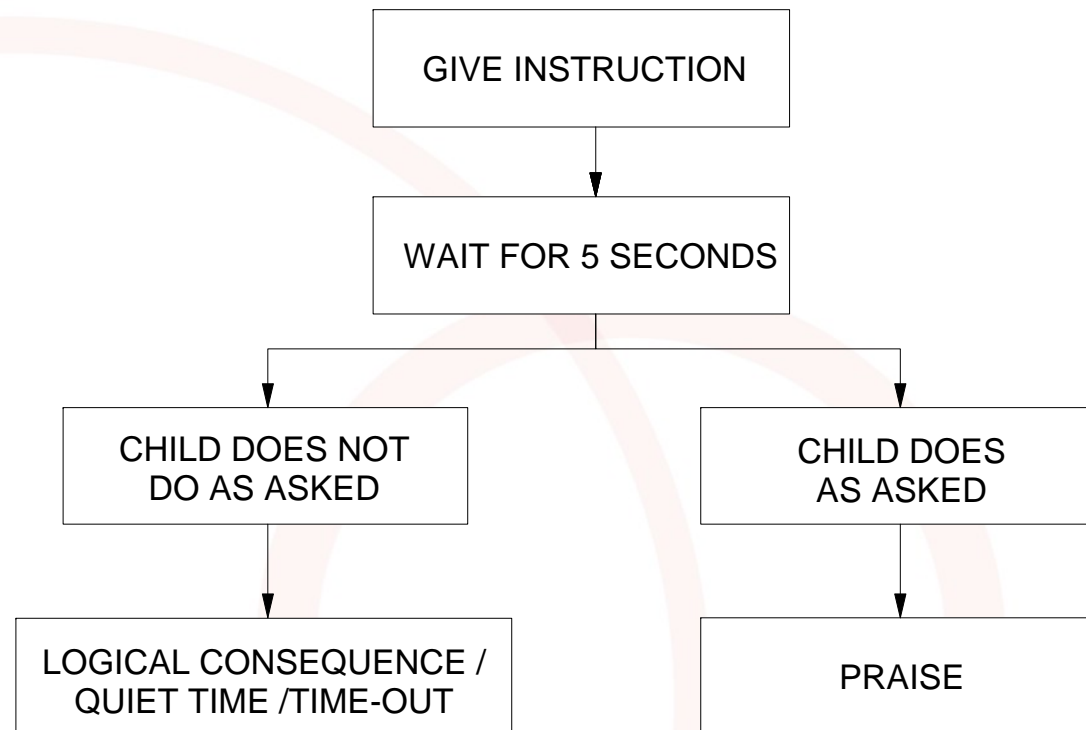
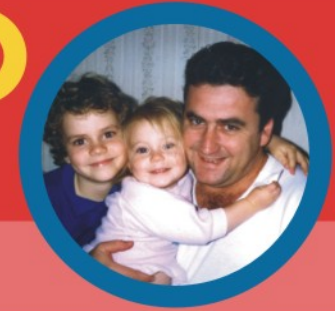
Start routine

Compliance



Stop routine

Behaviour correction



Summary



- Positive parenting teaches children self control & to accept limits
- Children like to be praised & feel good about themselves when parents give positive attention
- Behaviour management is more effective when consequences are immediate, consistent & decisive
- Strategies include: ground rules & directed discussion, planned ignoring, logical consequences & quiet time



Positive parenting helps children to feel good about themselves

